



Building a foundation for life.

APRIL 2021

A Note From Andrea Evans, CEO

Our newsletter will be received after Easter this year, and so we want you to know that you were in our prayers, and our thoughts were with you for a blessed time of celebration.

After Easter, we are left with the promise of Hope. Throughout scripture during Easter week, we could see that the foretelling of all that was to come, all of the promises made to us in faith, did come true.

For us, hope rests in the healing of our boys at the ranch, in placements for our foster children, in home permanency for our adoptive children, and for young adults in our Transitional Home, to learn the skills they need for a successful life. Please continue to hope and pray with us.

Blessings to you as we enter in to the beauty of Spring.



For our WISH LIST

Go to valleyteenranch.org
and Ways to Give

Mark Your Calendars

VTR Annual Celebration
Online Auction will be
September 17th-24th
For more information, to volunteer
or to provide a donation contact:
charise.hansen@valleyteenranch.org

When Children Need Help

This month is Child Abuse Prevention Month. It is a time to acknowledge the importance of families and communities working together to prevent child abuse and neglect, and to promote the social and emotional wellbeing of children, youth and families.

When families can't be helped in these situations, agencies like ours, step in to provide safety and a home for the children and youth in need. VTR Foster Family and Adoption Agencies, and our STRTP Program at the Ranch has professionally trained social workers that provide trauma-informed practices, intervention, advocacy and personalized care for children and youth who are victims of abuse, neglect, and abandonment.

Child Abuse and Neglect - HelpGuide.org

April is National
Child Abuse
Prevention Month
#ChildAbusePreventionMonth

I Have Changed Since I First Got Here...

A letter from one of our teens that graduated our program at the Ranch.

"I have changed since I first got here. The ways I have changed-when I first got here-is that I would steal because I wanted stuff like I used to get all the time, because I didn't care what happened. But then I really tried to do the right thing for the program.

My patience was pretty bad because when I wanted something, I wanted it on the spot! I started making changes by not doing the stuff that got me in trouble in the first place. I stopped smoking and being a bad kid and started doing what was asked of me.

The taught me DBT skills (Dialectical Behavior Skills). This helped me to learn about square breathing, and when a peer upsets me and makes me feel flustered, all I have to do is take a step a way and breathe and count to 4, exhale for 4 and repeat for 4. I can also use radical acceptance which is when I have to accept something that I don't want to.

I would like to thank my friends for pushing me through this time at the Ranch. I also want to thank certain staff like Mr. Ferguson, Mr. Hill, Mrs. Mag, Mr. Garcia, Mr. Ward, and Ms. Luna for their help when it got tough and I thought I wouldn't make it. I am thankful to VTR because they took me in when no one else would. Thank you so very much. I appreciate it.

ADOPT-A-ROOM at the Ranch

We are currently seeking funding for improvements desperately needed at the Ranch. As you know, we have served youth for over 34 years so the bedrooms need to be freshened up by replacing furniture, paint, and amenities. The bathrooms have recently been remodeled thanks to In-N-Out!

We have raised over \$11,000, but need an additional \$30,000 for the 17 bedrooms. If you can help, donate online, or submit your gift with the form below, and note "Adopt-a-Room."

Please contact Charise Hansen, Development Director at 559-288-1003 or charise.hansen@valleyteenranch.org for a tour or more information!



2610 W. Shaw Ln., Ste 105
Fresno CA 93711-2775

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The Ray of Hope fund is dedicated to the services that directly support program services. Give online valleyteenranch.org

Text "GIVE2VTR" to 73256

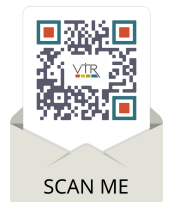
To give using your mobile device. This number will never send unsolicited texts to you. To cancel further messages, text STOP. If you need assistance with text giving, text HELP. Standard text message and data rates may apply.

For Credit Card Gifts

To donate online go to our website at valleyteenranch.org or use the options below.

For a printout of our Wish List, go to valleyteenranch.org "Ways to Give" and "Charitable Giving"

To Donate Online



2610 W. Shaw Ln., Ste 105
Fresno CA 93711-2775
Tel: 559-437-1144
valleyteenranch.org

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- ☐ Please add me to your email news
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- ☐ Other: _____
- ☐ Check enclosed and made payable to "Valley Teen Ranch"

Total enclosed \$ _____