



Building a foundation for life.

NEWSLETTER

Dear Community Partners and Friends,

We hope this newsletter find you well. With the cold and the rain, it seems that there has been a lot of people struggling with health.

This month we wanted to tell you how excited we are to have received two grants, one for the Ranch and one for our Administration office from Cal OES for building and property security for \$250,000!



The outside of our Administration Office

We have had an ongoing issue with the homeless population, unwelcome visitors and concerns for safety, during and after hours. We are now able to provide extra security equipment

including outside lighting, cameras, door access control, and monitors. We are so very grateful to the Governors Office of Emergency Services for this wonderful opportunity!

We also received a grant to be able provide care for more youth at the Ranch. This has helped us replace our flooring at house 3. This has allowed us an opportunity to replace our flooring in the houses. We want to thank Ed Noriego for helping us through his company, **Valley Remnants and Rolls** for giving us a special price and including a philanthropic return on our purchase! We are still raising funding for the other two houses.

Thank you for your continued support, prayers, and care for our Kiddos and families.

Every best,

Andrea Evans
CEO



Donations of blankets for all our kiddos, from the Assisteens.

A Donation for VTR for all our Foster Kiddos

The Assistance League has been so wonderful to us throughout the years. Under the leadership of Kimi Shehadey the Assisteens (an auxiliary of the Assistance League) of Fresno, is designed to train young men and women in philanthropic work, fundraising activities, and leadership skills. Currently, they have 163 members and represent high schools in Fresno County. They are a non-profit, volunteer membership organization dedicated to providing programs and services that will enrich and improve the quality of life in our community.

Every year, our kiddos receive blankets and teddy bears that provide comfort and an extra dose of love.

VTR Ropes Course

This month we are excited to say that the ropes course is on it's way to repair in April! Thanks to a grant from the Fansler Foundation and In-N-Out Burgers, our dream for this to happen is now a reality.

The last few years were challenging. We have hoped for a long time to put the ropes course back to it's former glory and have trained staff that could facilitate the program. This adventure therapy, helps the boys learn helpful coping skills in a safe, supervised environment.



Ropes courses are beneficial for several mental health challenges, from anxiety to addiction. This group therapy program helps youth to learn about cooperation (teamwork), communication skills and benefits each youth as it challenges them personally. Other skills that are strengthened by the ropes course therapy is problem solving, trust, analytical thinking, self-esteem, coping, communication and helping them develop a positive outlook.

Transitional Living Home (TLH) and Rapid Rehousing

VTR will begin Rapid re-housing for homeless youth that provides short-term rental assistance and services. The goals are to help people obtain housing quickly, increase self-sufficiency, and stay housed. It is offered without preconditions and the resources and services provided are typically tailored to the needs of the person.

Rapid re-housing is a primary solution for ending homelessness. It has been demonstrated to be effective in getting people experiencing homelessness into lasting and permanent housing.

We provide a holistic approach with our youth at TLH. They learn life skills and are helped to navigate their future, be it education or trade. VTR is most proud of the trusted relationships that develop that are the beginning for most of feeling cared for, and learning how to trust.

Diversity Training for Nonprofits



VTR held it's first Diversity Training with our staff thanks to a grant we received from Kaiser Permanente Foundation. The grant will cover the cost of two sessions for other nonprofits to attend too!

This interactive course is presented by Valerie Alvarez, FFA & Adoption Social Worker/ Program Specialist, will be leading the classes.

If you are an interested nonprofit, please contact our office at 559-437-1144.

SOCIAL WORK BREAKS BARRIERS

Social workers have always broken barriers when it comes to the services they provide! Thank you to our VTR Social Workers, and all those in the community who's strong desire to help others, makes our society a better place.



Kimme Meleski
Adriana Luna
Valerie Alvarez



VTR
RESOURCE FAMILY ORIENTATION SCHEDULE

March 21
April 18
May 16

For more information or to register for orientation, please contact us at:

(559) 437-1144 or
FFA@valleyteenranch.org



2610 W. Shaw Ln., Ste 105
Fresno CA 93711-2775

Return Service Requested



VTR
RESOURCE FAMILY ORIENTATION SCHEDULE

Included in this issue

NONPROFIT
Valley Teen Ranch
U.S. Postage
PAID
Fresno, CA
Permit #9

Ray of Hope Fund

For Children, Youth, Young Adults, and Families

This fund is designed to charitably support essential services and resources.

You Can Text "GIVE2VTR" to 73256

To give using your mobile device. This number will never send unsolicited texts to you. To cancel further messages, text STOP. If you need assistance with text giving, text HELP. Standard text message and data rates may apply.

Help us in Other Ways!

- Go to our website at valleyteenranch.org/Get Involved to volunteer
- Give to us from our Wish List at valleyteenranch.org/Ways to Give



SCAN ME
For online donations



CHARITABLE CONTRIBUTION

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Tel: 559-437-1144
valleyteenranch.org

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- TLH Rapid Rehousing**
 The Ranch flooring
 Ray of Hope Fund
 Please send monthly donation envelopes
 Change of email address
 Change of address

For in-kind donations like gift cards, mail to our office or contact Charise Hansen at 559-288-1003 or charise.hansen@valleyteenranch.org

Please make donations payable to Valley Teen Ranch

Total enclosed \$ _____